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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER

# The Highlander

Thursday 4 April 2013 | Issue 77

**FREE**



Photo by Warren Riley

A Grade 8 Archie Stouffer Elementary School student tries to carry the puck around an OPP player during a game between the two squads on March 28. See story on page 10.

## Cardiff swimmers told use it or lose it

By Matthew Desrosiers  
 Editor

Low usage at the Cardiff pool has councillors considering its closure.

At a meeting on March 27, Highlands East council reviewed preliminary department budgets. Environmental supervisor Glen Covert reported on the state of the pool,

saying the facility was underutilized last summer.

"We [looked at] the summer months last year," Covert said. "We keep a book and we have the lifeguards fill the book out at [certain] times of day."

"It is quite astonishing. Very little usage [is happening] there."

According to a report, the pool had between

five to 11 visits per day in July, and between two to seven visitors per day in August.

"Even last year, the town of Bancroft didn't have swimming lessons and [that didn't change] pool usage a whole lot," Covert said.

In 2012, the Cardiff pool cost the municipality \$31,577.48. Almost half of that total, \$15,735.14, was spent on pool wages. In 2013, that amount is set to increase by 1.5

per cent per the union contract, to a total of \$15,972.00.

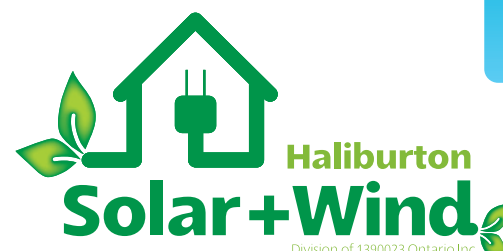
Covert said they employ four lifeguards in the summer. There are two on duty at all times.

The municipality also spent \$9,159.14 on repairs to the property in 2012.

Based on the cost of maintaining the pool

See "Ryall" on page 2

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# Highlander news

## Ryall wants better pool promotion

Continued from page 1

and the low usage, Covert recommended council close the pool on Sundays.

"I think we should take this recommendation immediately," said Steven Kauffeldt, Ward 1 councillor (Cardiff). "The only reason I even suggested Sundays two years ago was because I was asked about it. We now have proof it doesn't work."

Kauffeldt went a step further, asking Covert about closing the pools on Mondays as well, however he was told it was necessary for swimming lessons.

"I'm ok not having the pool open six or seven days a week. Five days a week is plenty, apparently."

Covert recommended council monitor usage

this summer, and if numbers don't increase, consider the possibility of closing the pool.

"Twenty years ago when I started, it was nothing to go down there and there would be 40 to 45 kids in [the pool]," Covert said.

Council isn't giving up on it yet, however. "My ward holds the pool very sacred," Kauffeldt said. "If it's not being used, they need to know about it."

Councillor Cecil Ryall agreed.

"Before we talk about even remotely closing the pool, we have to look at the cost of closing the pool," he said. "We should be looking at how to promote this thing and make it work."

Reeve Dave Burton reminded council, however, that they have tried promoting the pool with little success.

## County agrees to host Winter Games

By Mark Arike  
Staff writer

It's official.

The County of Haliburton has entered into an agreement with Sport Alliance Ontario to host the 2015 Ontario 55+ Winter Games. Haliburton County councillors voted in favour of the agreement at a March 27 meeting.

"The agreement itself is very similar to what was in place in 2011," said the county's chief administrative officer Jim Wilson.

The agreement indicates that Sport Alliance will supply a \$200,000 grant to organize, manage, promote and conduct the Games;

an operating budget must be prepared and submitted to Sport Alliance within 30 days and of the agreement being signed; and included in the document are the roles and responsibilities of the County of Haliburton, the organizing committee, Sport Alliance and the Ontario Senior Games Association.

"Our responsibilities are all the same as before," Wilson pointed out.

At the end of February, the Ontario government announced that Haliburton County's bid for the Games was successful. A date for the event is yet to be determined.

"We want to make sure that we're not conflicting with other events in February."

## Minden Hills joins support for water group

By Mark Arike  
Staff writer

The Coalition for Equitable Water Flow (CEWF) now has written support from all four of Haliburton County's municipalities.

At a March 28 meeting Minden Hills councillors voted in favour of providing the organization a resolution that will be used to help them in their continued efforts.

"The Coalition has been going to all of the municipalities in the county, asking for support for their efforts to continue to lobby Parks Canada and the federal government to give more consideration to not

just the impact of water levels in the Trent Severn, but also the impact of varying water levels in the reservoir lakes," said Reeve Barb Reid. "We're having trouble getting ourselves on the radar screen, other than we should've never bought here 100 years ago."

The CEWF is a volunteer-run organization that was formed to represent the interests of approximately 40,000

Ontario taxpayers who own residential shoreline property on the 41 reservoir and 20 flow-through lakes within the Haliburton sector of the Trent River watershed.

According to a letter from CEWF advisory committee member Bruce McClennan, many changes have taken place since his visit to council last summer.

"With all that is happening, the CEWF wants to be sure that the voices of the reservoir communities are heard," said McClennan.

Reid said that low water levels create undue hardships on those trying to navigate around them and the environment.

"There is a real concern about the impact that irregular flow has on wildlife," she said.

Councillor Brigitte Gall asked Reid to clarify what kind of support the organization was seeking.

"If they can get a series of resolutions showing political solidarity for the work that they're doing, they're hoping that will make some impact at senior levels of government," said Reid.

There is a real concern about the impact that irregular flow has on wildlife.

**Barb Reid**

Reeve, Minden Hills

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# Editorial opinion

## Community police

It's interesting how people focus on the negatives.

Take, for instance, a cell phone service provider.

You might call your carrier and get wonderful customer service four out of five times and not say a word. But that one time you get a crummy representative, you can bet dollars to doughnuts you'll be telling your friends about your poor experience.

The same goes for police officers. You're happy when they show up because your neighbours are too loud, but you'll turn around and curse them when they catch you speeding, then complain they didn't give you a big enough break on the ticket.

Like yelling at an anonymous customer service rep over a phone line, it's easy to dislike an officer, because you can't look past the badge. If you could see past the badge, however, you'd likely see them as good guys and girls and not anonymous villains out to get you at every turn.

Last week, officers of the Ontario Provincial Police (OPP) Haliburton detachment played two hockey games against Grade 8 students from J.D. Hodgson Elementary and Archie Stouffer Elementary Schools.

Talk about a good experience.

The arenas were packed full of kids cheering their friends on against the officers who were bigger, faster and stronger. It was quite the underdog story, and while there was some competitiveness on the ice, it was really just a lot of fun.

In a surprise outcome, the students won the first game 8-7 and tied the second game at 5-5.

Of course, the real story here isn't the final score, but the relationship between officers and students.

The ice is a good place to start when it comes to humanizing officers.

You see, people veer away from

uniformed officers in the grocery store, or look away when they pass one on the street. Their hearts race every time a cruiser pulls up behind them.

It's a natural reaction when these are the people who 'punish' us for doing something wrong, but it doesn't have to lead to animosity.

It would be nice if police officers were welcomed instead of feared, but that's going to take some work on their part to achieve.

The OPP are in the schools a lot – just ask former community services officer Sandy Adams, who is now in Bancroft, how much time she spent with students.

But adults could use some face time, too.

At Snowball this winter, officers were walking through the crowds greeting people, talking to kids and petting family dogs. But you don't see that on a regular Tuesday afternoon on the streets of Minden, right next to their detachment.

You don't see it out in Wilberforce or Gooderham, either. Unfortunately in those parts of the county, cruisers are only spotted in the event of a drug bust or a car accident.

Officers here are kept busy. They're doing more than just catching speeders and pot growers on a daily basis; of that you can rest assured. But as members of this community, their job should also include some valuable time with the public so people have a chance to replace fear and suspicion with mutual understanding.

Hockey games are a great way for police to get out and have fun with the public. Here's hoping there are more events just like them.



By Matthew Desrosiers

## Box of crackers or pack of lies?

Who would have thought a box of crackers could be a pack of lies?

That's what I was thinking as I read the nutritional information on a recently-purchased supermarket item.

Like many people, I look for products that compensate (at least psychologically) for the meat and cheese and ice cream without which life would not be worth living the extra years healthy eating supposedly gives. The box said whole grain. Closer inspection, however, revealed what I knew from the first bite: the crackers were full of sugar.

In fact, two of the whole grain crackers had as many calories as four of the same brand's regular crackers. I had been duped.

Now, food experts will tell you that if the whole grain crackers did not have sugar in them, they would taste like cardboard. I know that. Cardboard was what I was expecting, as gastronomic penance for the creamy brie that would go on top. If I wanted a cookie under my cheese, I would slap some cheddar on an Oreo.

Of course the cracker people know this, but they also know that if you put *whole grain* on anything, people will imply that it's healthier. It's a deception.

I bring up this little episode because it's so representative of big corporate culture these days. Whether it's Hydro telling you electricity costs 8 cents a kilowatt hour when it's really closer to 20, or telemarketers announcing you've won free cruise tickets, lies these days seem to be part of everyday business. Consumers seem to be spending ever increasing amounts of time just trying to get companies to deliver what was promised (and paid for).

But something happened this week that swung my cerebral pendulum from cynic back to cautious optimist. I was rooting around the floor of the basement closet trying to reset the Internet connection and felt something terrifying in the dark. It was

not a dead mouse (this time) but something far worse: the carpet was soaking wet.

I had visions. Visions of workmen tearing the house apart. Visions of bills with lots of zeros.

Heather's dad is in construction, and referred me to a masonry expert who could help. The mason was available and came out that very afternoon.

He quickly diagnosed the problem and explained to me how I could easily fix it myself. Since I had an expert on hand, I pointed out some other issues for his opinion. Those too, he said, were easy DIY projects.

A less honest man may have taken me for a ride, and a lot of money. Or a less honest man might have been working for a big company in the city, marketing sugar crackers as health food or figuring out how to increase your electricity bill without you noticing.

I'm not under any illusions. I've had my share of dodgy dealings here in the Highlands, often related to the definition of *seasoned* and *dry* when it comes to firewood. But still, it's nice to be reminded that things like integrity and reputation still matter to a lot of people.



By Bram Lebo

*We thought it was time to round out our sales team with someone a bit less scruffy than Walt and I. Please welcome the newest member of the Highlander staff, Bonnie Hoenow. You may recognize Bonnie as a former manager at Hali's Bistro and McKeck's but probably didn't know before that she had 15 years of newspaper experience with Sun Media, half of them in advertising sales. Bonnie will be working on our newly-launched Real Estate Guide and special sections like last week's Spring Car Care. Please give her a warm Highlander hello!*



Photo by Matthew Desrosiers

Bonnie Hoenow, The Highlander's newest team member and sales associate.

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# TheHighlander

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**Publisher,** Bram Lebo  
bram@haliburtonhighlander.ca

**Editor,** Matthew Desrosiers  
matthew@haliburtonhighlander.ca

**Production Manager,** Heather Kennedy  
heather@haliburtonhighlander.ca

**Staff Writer,** Mark Arike  
mark@haliburtonhighlander.ca

**Sales Manager,** Walt Griffin  
walt@haliburtonhighlander.ca

**Sales Associate,** Bonnie Hoenow  
bonnie@haliburtonhighlander.ca

**Office Manager,** Ashley Campbell  
ashley@haliburtonhighlander.ca

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**Contributing writers:** David Spaxman,  
Doug Pugh, Erin Lynch, George Farrell,  
Lisa Harrison, Warren Riley and Will Jones



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# Letters to the editor

## Art education

Dear editor,

I find George Farrell's articles on the arts to be stimulating in a down-to-earth way. He is not overly pedantic and I thought I would respond to some of the points he made in the March 28 issue.

First of all, I remember this time last year seeing exhibitions of high school art at the Rails End Gallery in Haliburton, and also in Bancroft, as well as at the Lakeshore campus of George Brown College in Toronto. The themes of the artwork in each case concerned social issues such as gender identification, sexual orientation and drug abuse. In most cases, the artist included a written explanation of the work.

Some were good, some not so good, by artistic standards, but self-expression was evident. Also evident was the fact that these concepts were part of a province-wide curriculum.

It seemed apparent to me that these works were part of a program of integration of the arts with other subjects in the schools: subjects which never had a place there in my time. One can debate the benefits of this kind of integration as opposed to one of the art/music/drama or art/history/science.

In any case, these exhibitions did not take place this spring. I am told that teachers would not facilitate them because of the recent ban on extra-curricular activities: a reflection on the state of education as a whole, not just art education.

Given this approach to art education, I am not surprised that over time it has had an effect on gallery sales. Nevertheless, I would not blame it on a recession. Technology may have something to do with it. Many artists now have their own websites showing their work online around the world.

Jim Thomson  
Eagle Lake

## Shaking my head

Dear editor,

Can an adult die from shaken head syndrome? Oh I know babies suffer from this catastrophe, but they can't read or watch the news. While watching CTV tonight, I proceeded to move my head from side to side in the continuing disbelief I have suffered for some months now. I am worried the coroner may pay me a visit.

The news of the day was about the cancellation of the power plants in Oakville, now not costing \$40 million but very much more. The Ornge scandal, costing millions. A school being rebuilt costing about \$9 million more than quoted.

This year I will go back to H&R Block to do my taxes. They will say I owe more money to the government. This is because certain agencies are not required to take the taxes they should and employers who are not regulated to take the required amount. By the way, there is no vehicle on the government web site to report or complain about not enough tax being taken. You can, however, turn in a tax avoider.

If you or I steal from the government, we will possibly be charged, judged, fined, jailed, or put on probation. If you are a member of the ruling government, you face no such justice. You can decide to waste or give away millions of tax payer dollars with no consequences, other than possible election loss, and you still get your pension. Seems a little unfair, don't you think?

So with this in mind, I am thinking of borrowing the fee to run for the next premier of the Liberal Party. Only \$50,000. I can make that back in swindles and backroom deals easily. What's that compared to the billions speculated was truly wasted by this government in the past? I'm beginning to feel really dizzy from all this head shaking.

Ted Cumber  
Gooderham

## Photo of the week



Photo by Tammy Nash

A grouse spotted crossing the street.

**Tell us your opinion.**  
**Send your letters to the editor to**  
**matthew@haliburtonhighlander.ca**

## — A pressing matter

I don't really like to read the newspapers.

This may seem like an odd thing for a fellow who makes his living writing for said publications to be stating but, with the exception of my beloved Highlander, I tend to steer clear of them and my reasoning for doing this was brought home to me just recently.

You see, we have guests from Blighty visiting at the moment and on their arrival they unburdened themselves of several trees-worth of in-flight reading matter; their choice, a swathe of English broadsheet newspapers. Naturally, I gravitated towards the pile of papers and began to read all about the goings on back in my homeland and the rest of the world. And oh, what a depressing read it made.

There were the trials and titillations of the priesthood and the tragically unfair but oh so obvious way in which British government hands out cash not to the poorest, most needy but to the well-to-do middle classes. An MP, sorry, let me rephrase, another MP has been caught with his trousers down, albeit many moons ago (pardon the pun), and now both he and his wife are disgraced and in prison. A Russian guy has been found

dead. However, unlike many other recently deceased Ruskiies, he was incredibly rich and influential and so his demise made the news.

Cyprus is bankrupt and there's snow in England; a good three inches and it's crippling the country. And all this before I got to the same old whining by the captain of the English football team about how his players' poor performances in the run up to another World Cup are due to the intense pressure put upon them by the media.

I read and read with furrowed brow, reeling at the negativity pouring forth from every page. I began to get depressed at the state of my homeland, at the world in general. I worried about friends and family still living in this horrific nightmare of a world, a horror story that I feel insulated against by the thick forests that surround Haliburton. I wept with shame at the wrong doings of world leaders... OK, I didn't weep (just getting a bit carried away there). But then it dawned upon me. For every bad story there was a good one, or at least an opposing tale to lighten the depressing load.

Take, for example, the scandal of the Catholic priest who has been accused of

indecent acts. If true, it's a horrible shame and another blight on the Roman Catholic Church. But wait a minute. Check out the new mini-series called The Bible on the History Channel. Religion is on the up it seems, thanks predominantly, I'm assured by the press, to the stunning good looks of Diogo Morgado, the fellow cast as Jesus. Two news items, two topics and like Ying and Yang they balance each other out perfectly, almost.

But how about all those poor families who will be getting almost zero from the British government's latest ridiculously skewed financial handout? Well, there's not much for them to be happy about, unless they take solace from the fact that the dead Russian guy was incredibly rich (he had more money than many small European countries, although that's not hard if you include Cyprus) but his vast wealth didn't matter a jot when he committed suicide.

And speaking of Cyprus: who's the go-to country in Europe when you need a financial bail-out? You guessed it, that nation that we all once loved to hate (well, the English did, anyway), Germany. Good old Germany.

And here's another piece of good news, sort of, if you are German and tired of folks forever going on about the war. The Greeks are doing you a favour and rallying to support Golden Dawn, a neo-Nazi party that they recently voted into political office. So now Greece can be the far right-wing pariah of Europe. I said it was 'sort of' good news!

As I read and read I found more and more of these scale-balancing instances, these ups for downs. I realized that what I was reading was a comedy of constantly repeated errors, a merry-go-round of mistakes that mankind will continue to make. It made me smile and brought me back from my media-induced misery.

That said I still don't really like to read newspapers. I don't feel the need to be weighed down by the World's problems. I have my own challenges to deal with, like ensuring my next guests divest themselves of all reading matter before crossing my threshold.



By Will Jones

## The Outsider

# Highlander opinions

## Eye on the street: Should all teachers resume extra-curricular activities?



**Ed Yallop**  
Carnarvon

I most certainly do. The students should come first and worry about the pay later. It's too bad they could not have found a better way to negotiate without using the students.



**Joann Preston**  
Minden

I think that it has a lot to do with the teachers. Some are dedicated and some are not. I am all for the children and want what is best for them.



**Shannon Newell**  
Minden

Yes. They should never have stopped doing them. I always enjoyed them and it is very important for the kids as they learn much about life in these activities.

**Craig Elstone**  
Stanhope

Yes I think so. The kids need these extra activities. It is something that teaches them about sportsmanship and builds life skills.



**Gary Handlen**  
Minden

I think that all those teachers who are complaining should retire. Of course they should look after the kids. It is very important. They had it before and they should have it now.



Have a question we should ask? Send it to [matthew@haliburtonhighlander.ca](mailto:matthew@haliburtonhighlander.ca). Photos and interviews by Walt Griffin.

## OPP files

### Man dies after snowmobile crashes into a tree

A 49-year-old man is dead after hitting a tree while on his snowmobile this past weekend.

Mark Williams of Aurora was riding off of Billings Lake in Highlands East at approximately 6:30 p.m. on March 30 when he collided with a tree, according to an Ontario Provincial Police (OPP) report.

The OPP's technical traffic investigators attended the scene and conducted their investigation. It appears speed and alcohol were contributing factors in the collision.

### Police busy over Easter

Between March 29 and April 1, police responded to 13 calls and laid 37 charges.

#### Calls for service:

- 3 motor vehicle collisions
- 1 fatality
- 3 thefts
- 3 break and enters
- 2 domestic disturbances
- 1 disturbance

#### Charges:

- 11 speeding
- 18 seatbelt
- 1 liquor
- 7 other provincial charges

## Graduates lead the way



Photo by Matthew Desrosiers

The first class of the YWCA's Haliburton Women in Business program graduated on April 2. From left are Sarah Adams, YWCA coordinator; Shiloe Melle; Rachelle Selmecki; Vicky Judge; Nia May; Kyla Grexton; Angela McGreevy; Donna Arnold, facilitator; Frances Barry; and Sian Cox.

By Matthew Desrosiers  
Editor

They were called trailblazers.

On April 2, nine women became the first Haliburton graduates of the YWCA Peterborough, Victoria and Haliburton's Women in Business program.

"You are the first of this group to go through this program, to complete this program and to go forth and begin to live the dreams that you have, and that's so very important," said Cheryl Denomy, director of resource development for YWCA Peterborough, Victoria and Haliburton.

She said the graduates now have the ability to mentor other women as well.

"The 'Y' works in the way women need to meet their immediate and future needs," she said. "It empowers one generation after the other to keep this work up. Congratulations to you all, we're very very proud of you. You should be proud of yourselves."

The Women in Business program has been running successfully for over 10 years in Muskoka. When the YWCA decided to bring it over to Haliburton in 2010, the response was immediate.

The program was officially launched in November 2012, thanks to a grant from the Haliburton County Development Corporation (HCDC).

The women met for five hours each week in the meeting room of the Dysart Library with facilitator Donna Arnold.

"What we looked at in the program were yes the skills we had, but we also took a real hard look at where our weaknesses are," she said. "One of the things that a number of people mentioned was 'I know I'm not good at this, but I now know where I can get help.'"

The program lasted 20 weeks. Students learned various aspects of business, including: defining success, marketing, branding, financial literacy, local resources, networking, conflict resolution and others. Arnold brought in special guest presenters for the class as well.

According to YWCA promotional materials, the greatest aspect of the program is the development of a business plan and life plan; equipping graduates with what they need to proceed confidently with their business aspirations.

If your last name starts with 'P' we might be calling you next.



### Dr. Bryan Knappett, Naturopath

will be presenting 2 information sessions:  
**"False Hope vs. False Hopelessness"**

Learn how each of us can protect ourselves from cancer and how to use natural remedies when it's time to fight it!

**Monday, April 8, 2013, 9:00 – 10:30**

**Monday, April 15, 2013, 1:00 – 2:30**

Location: Blue Sky Yoga Studio  
at Haliburton Chiropractic

Please RSVP with the clinic 705 457-3500 or  
[haliburtonchiropractic@bellnet.ca](mailto:haliburtonchiropractic@bellnet.ca)

# Highlander arts

## Forest Festival lineup 'stellar'

By Matthew Desrosiers  
Editor

Every summer, the Forest Festival brings some of Canada's best talent to the Highlands for a series of exciting performances.

This year's lineup is no exception. "Stellar is the word I would use," said Sean Pennylegion, Forest Festival general manager. "These are professional Canadian musicians at the top of their games." Pennylegion described the roster as eclectic.

"The Forest Festival was designed as an eclectic festival, so we have the luxury of being able to, on a year by year basis, figure out what we are going to bring here that may intrigue our audience."

This year has a good mix of talent, including some big names and a few acts that people may not know, he said.

"That's presenting the art, giving people the opportunity to try something they may not be familiar with and we're delighted to do that."

One of the popular acts people might be familiar with this year is Lighthouse, known for songs *Sunny Days*, *Pretty Lady* and *One Fine Morning*.

Pennylegion said he is excited for the power Lighthouse will bring to the stage at the Historic Logging Museum. The stage

has been enlarged specifically to handle the 10-piece band.

### Forest Festival 2013 Lineup

**The Good Lovelies** (Bone Lake)  
Aug. 14, 8 p.m.

**The Heavyweights Brass Band** (Bone Lake) – Aug. 15, 8 p.m.

**Lighthouse** (Museum)  
Aug. 16, 8 p.m.

**New Country Rehab** (Museum)  
Aug. 17, 2 p.m.

**Natalie MacMaster and Donnell Leahy** (Bone Lake) – Aug. 17, 8 p.m.

**Fiddlefire** (Museum)  
Aug. 18, 11 a.m.

**David Woodhead's Confabulation** (Museum)  
Aug. 18, 2 p.m.

**Murray McLaughlan** (Bone Lake)  
Aug. 18, 8 p.m.

Tickets are available online through [www.madeinhaliburton.ca](http://www.madeinhaliburton.ca) and [www.theforestfestival.com](http://www.theforestfestival.com), and in person or over the phone at the Forest Stores in Haliburton (705-457-2000) and Huntsville (705-789-2003), and the Visitor's Centre in Haliburton (705-754-2198).

Some Highlanders may be familiar with another act, The Good Lovelies, who have played in Haliburton twice before.

One of the new bands performing this year is The Heavyweights Brass Band, a group inspired by New Orleans brass band music.

Other shows include Natalie MacMaster and Donnell Leahy, New Country Rehab, David Woodhead's Confabulation, Murray McLaughlan, and Fiddlefire.

"We didn't just pick names out of a hat," Pennylegion said. "These are professional acts that people may not be aware of, but are going to be excellent shows."

This is the sixth year of the event.

"We haven't sent anybody home unhappy," he said, adding that the Festival benefits from good talent and interesting, non-traditional venues. "This is not a standard concert hall you're going into."

At the Bone Lake Amphitheatre, ducks swim up to the stage during performances. The Historic Logging Museum, which was increased in size by 50 per cent last year, is a wonderful, warm acoustic space, he said. "It's a very intimate kind of thing."

For more information on the Forest Festival, including information on this year's performances and ticket information, visit [www.theforestfestival.com](http://www.theforestfestival.com).

## Haliburton County's Hot Reads

The following are the top five fiction and non-fiction titles as requested this week at the Haliburton County Public Library.

### HCPL's TOP FIVE FICTION

1. *The Storyteller* by Jodi Picoult
2. *Beach Strip* by John Lawrence Reynolds 🇨🇦
3. *The Painted Girls* by Cathy Marie Buchanan 🇨🇦
4. *Notorious Nineteen* by Janet Evanovich
5. *Indian Horse* by Richard Wagamese 🇨🇦

### HCPL's TOP FIVE NON-FICTION

1. *Eating Dirt* by Charlotte Gill 🇨🇦
2. *Wheat Belly: Lose the Wheat, Lose the Weight, and Find Your Path Back to Health* by William Davis
3. *Intolerable: A Memoir of Extremes* by Kamal Al-Solaylee 🇨🇦
4. *The Truth About Style* by Stacy London
5. *The Wealthy Barber Returns* by David Chilton 🇨🇦

Now that spring is finally in the air you may want to consider some "springy" books to read. On our new website, located at [www.haliburtonlibrary.ca](http://www.haliburtonlibrary.ca), you will find a section dedicated to seasonal staff picks, with a diverse assortment of staff-suggested titles.

For instance, if you are looking for a colourful spring book to read with your children or grandchildren, consider the Canadian classic *Miss Rumphius* by Barbara Cooney, in which our hero Miss Rumphius makes the world a more beautiful place by roaming the land planting lupines.

Another great choice for children is *Duck! Rabbit!* by Amy Krouse Rosenthal, a fun and interactive read suggested by our children's programmer.

If you enjoy YA literature, try Lauren Oliver's *Before I Fall*, a wonderful story of rebirth and new beginnings told from the perspective of a teenage girl who discovers she is experiencing the same day over and over again. *When God Was A Rabbit* by Sarah Winman is a coming of age story in which one of the central characters is a pet rabbit named God. This is a great choice for those who enjoy adult literary fiction that is equally cheeky and heart-wrenching. As always, these titles mentioned are available at your library.

### Library News

It's Poetry Month and our online book club is celebrating by reading four great books with titles that are lines taken from famous poems. Join us by visiting our website at [www.haliburtonlibrary.ca](http://www.haliburtonlibrary.ca) and clicking on the Goodreads link. See you there!

## Sport, art and soul: a workable aesthetic

Aristotle remarked that "Play or sport is the closest thing most human beings come to contemplation, to the highest of human activities..."

Plato said that "Musical training is so powerful because rhythm and harmony find their way into the secret places of the soul..."

Those ancient Greek philosophers were well aware that physical activity combined with participation in the arts could lead to an effective philosophy or aesthetic by which to conduct one's life. When I was in high school and read about the Greeks I realized that their concept might work for me because I showed the most talent in art and athletics.

As a boy, and into my early teens, I lived for sport. I revelled in the pure physicality and the exhilaration of a skillful play, and I loved evading a linebacker or scoring on a lay-up while playing for my school teams. Winning and the final score were secondary, the game was the thing.

In those days I had no idea of the rhythm, harmony and soul that Plato wrote so knowledgeably about. It was all physical. Then in my late teens I started to watch more movies and things changed. I remember being influenced by the Hollywood musicals which featured dancers Fred Astair and Gene Kelly.

Initially I preferred Kelly's athleticism, but the more I saw the more I was drawn to the sheer grace and precision of Astair (who could have given pointers to Michael

Jackson). Choosing Fred over Gene was the first decision, to my recollection, based on a nascent aesthetic sense.

In my twenties, when playing sports occupied a diminishing role in my life, a multitude of influences immersed me deeper into the arts... all the arts. I was especially drawn to music; rock, jazz, and blues helping to fill the void formerly occupied by athletic endeavours. And I discovered soul.

The word soul was a term much in use during the tumultuous 60s and it was often used in reference to blues musicians whose music conveyed deep feelings based on the experiences of life. It may not have been exactly the same kind of soul Plato was talking about but I suspect that were he alive today Plato might acknowledge a conceptual overlap.

I grew up in Toronto and up until the early 1980s there were several downtown nightclubs which hosted such blues artists as Bukka White, John Lee Hooker, Muddy Waters and Howlin Wolfe. All those guys had soul and their music took me to places where I could almost taste it.

An understanding of what it meant to have soul was instrumental in helping me to form my own philosophy and code of conduct... a road that the Greeks had already started me on. That philosophy, essentially based on aesthetics, embraces love, spirituality, a sense of beauty, and a realization of my insignificance in the face of the natural world

## What's Up



By George Farrell

and the universe.

As a person who appreciates art I can still contribute occasionally to the global collection and I hope to do so for as long as possible. On the other hand, active participation in sports is mainly the domain of younger generations, and my exercise now is a brisk walk, shovelling snow or weed-whacking. But I will always enjoy the visual beauty of some sports, and yes, I admit I have a passion for hockey.

As a teenager I appreciated the body contact and speed of a hockey game but my dad also pointed out the grace and beauty of the game as played by the great Montreal teams of the 60s. Later I could see what the Russians and Europeans were bringing to hockey, an aesthetic that was to eventually permeate the game.

Today I can look out the window and admire the splendour of our environment, be thankful for the artwork in our home, and listen to some music performed by someone with soul.

I can also turn on the TV and watch Downton Abbey or a hockey game which might feature two teams that play the game the way it was meant to be played.

Sport and art, peppered with soul... it worked for the Greeks and it's a recipe that still works for me.



# INFORMATION PAGE

7 Milne Street, PO Box 359  
Minden ON K0M 2K0

Telephone: 705-286-1260  
Fax: 705-286-4917 [www.mindenhills.ca](http://www.mindenhills.ca)

In case of emergency please Dial 9-1-1. For all other municipal emergencies please call 1-866-856-3247

## Fire Calendar Winners

**Week of March 25**  
Kris & Tammy Wilson and Karen Anderson

## Meetings and Events

**April 11**  
**9:00 am**, Committee of the Whole meeting.  
Minden Council Chambers (public session 10:00 am)

**April 25**  
**9:00 am**, Regular meeting of Council,  
Minden Council Chambers (public session 10:00 am)

**April 29**  
**9:30 am**, Committee of Adjustment Public Hearing,  
Minden Council Chambers

## Committee Opportunity

**Committee of Adjustment**  
Please contact the Planning Department at  
705-286-1260 ext. 206 for full details

## Committee Opportunity

**Minden Hills Museum  
Advisory Committee**  
Please visit [www.mindenculturalcentre.com](http://www.mindenculturalcentre.com)  
for full details.

## Fire Restrictions

**April 1st to October 31st is "Fire Season"**  
During Fire Season there are specific guidelines and regulations that need to be followed.  
No person shall start a fire outdoors for the purpose of burning piled wood, brush, leaves or discarded wood products unless:

- (a) the fire is started two (2) hours before sunset, or later and is extinguished no later than two (2) hours after sunrise, and
- (b) a responsible person is available to tend the fire until it is extinguished, and
- (c) the material burned is in a single pile that is less than two (2) metres in diameter and less than two (2) metres high, and
- (d) the fire is at least two (2) metres from any flammable materials, and
- (e) the person tending the fire has adequate tools and or water available to contain the fire.

Any persons setting an outdoor fire shall be responsible for any damage to property or injury to person, and be liable for all costs incurred by the Fire Department. Contravention of these restrictions will result in fines.  
For information on these regulations please contact the Municipal Office at 705-286-1260 ext. 212.

**A total ban against outdoor burning may be declared when atmospheric conditions or local circumstances warrant it. Such a ban will be advertised and posted at various locations throughout the township. It is YOUR responsibility to be aware of fire bans.**



176 Bobcaygeon Road, Box 648  
Minden ON K0M 2K0  
**705-286-3763**, [gallery@mindenhills.ca](mailto:gallery@mindenhills.ca)  
[www.mindenculturalcentre.com](http://www.mindenculturalcentre.com)

## **Agnes Jamieson Gallery Soft Doll Making Workshop**

Saturday, April 13, 2013  
11am to 3pm in the Common Room  
Instructed by Pat Campbell  
Kit available

\$30 per person  
Call the Agnes Jamieson Gallery  
705-286-3763 to sign up.

## **Museum**

**The Eaton's Catalogue:  
The Rural Department Store**  
Ending Sunday April 6, 2013

## **R.D. Lawrence Place The Coyote Exhibit**

Ending Sunday April 6, 2013

Visit [www.mindenculturalcentre.ca](http://www.mindenculturalcentre.ca)  
to check out the following exhibits  
and other workshops:

## **LATITUDE 43.4519 LONGITUDE 80.5005**

by Robert Achtemichuk  
April 2 – May 11, 2013

## **SENSE OF PLACE**

by Liz Menard  
April 2 – May 11, 2013

## Medical Clinic Information

During the period that Dr. Wu is absent from the Minden Hills Medical Clinic, the Haliburton Family Health Team will be providing primary coverage (starting April 3, 2013).

Please contact the clinic at  
705-286-2500 for  
additional information.

## Rental Opportunity

### **Rental Opportunity – 2 Prince Street**

One bedroom home in Minden.  
\$600 per month plus. Visit [www.mindenhills.ca](http://www.mindenhills.ca) for full details. Rental to commence on May 1st, 2013. Please submit a completed application (available at the Township office) "2 Prince Street Rental Application" by Friday, April 5, 2013 by 12:00 noon to:

Clerk's Office, 2nd floor  
Township of Minden Hills  
7 Milne Street, PO Box 359  
Minden, ON  
K0M 2K0

Attention: Ivan Ingram, Environmental & Property Operations Manager  
Please contact the E.P.O.M at  
705-286-1260 ext. 216 for further details.

## Employment Opportunity

The Community Services Department is currently accepting resumes for the following positions for the 2013 season:

### **Bartenders (casual)**

### **Summer Parks Staff. (May to Sept)**

### **1 - Casual Community Services Operator (6 months)**

Interested parties are invited to submit their resume in sealed envelopes, clearly marked with the position being applied for no later than Friday, April 12, 2013 by 12:00 noon to:

Clerk's Office, 2nd floor  
Township of Minden Hills  
7 Milne Street, PO Box 359  
Minden, Ontario  
K0M 2K0

Attention: Janette Loveys,  
Director of Community Services

Position descriptions are available at the Arena, Cultural Centre and Administration office, 2nd floor or can be obtained from the Administrative Assistant at [sprentice@mindenhills.ca](mailto:sprentice@mindenhills.ca)

# Highlander sports

## Overcoming that sinking feeling

By Mark Arike  
Staff writer

The Haliburton Highlands is home to over 600 lakes, rivers and streams. They are as natural to us as the pavement and skyscrapers are to city dwellers.

So there's probably a misconception out there that all local residents are avid swimmers.

Well, I have a confession to make: I can't swim. As bad as it sounds, I haven't even mastered the doggy paddle.

With summer around the corner and my 28th birthday just over a month away, I decided it was time to change all that. No longer will I stand on the shore – or in the shallow end – and observe others splash, dive and sink below the surface with the greatest of ease.

Two weeks ago I took the first step towards confronting one of my biggest fears. I began with a simple Google search for “swimming lessons Haliburton County” and came across a business called Trish's Swimming Lessons in Irondale. Before picking up the phone, I carefully planned out what I was going to say. After all, this was going to be the first time that I'd be telling a complete stranger that I'm as clueless as can be when it comes to the water.

The owner of the business, Trish Gautreau, took my call and reassured me that I wasn't alone. As a serious swim instructor with many qualifications, she's worked with everyone from infants to seniors.

As I was heading to her home pool on March 28, that fluttery feeling began to take over. I realized I'd have to relax if I was going to take this challenge on head-first (no pun intended).

When I arrived we had some friendly conversation. Those few minutes gave me time to calm down my breathing and settle in to my surroundings.

My first mission was to become acquainted with Trish's 19x19-foot, heated indoor pool. Once I stepped in, I spent several minutes walking around and was pleased to discover that the deep end didn't go above my neck.

“Maybe this won't be that bad after all,”



Photo by Trish Gautreau

Mark Arike jumps right into his swimming lessons.

I thought to myself.

Next, I was asked to drop down as far as possible before coming up for air. I knew this wasn't going to be pretty, but like a good student I was going to do what my teacher told me. I took in one deep breath and went under – down to a depth of a mere few inches before floating back up.

Trish then showed me how to breathe in before submerging my face below the surface, and how to breath out when coming back up for air – without taking in a mouthful.

I was really starting to loosen up. The real test came when I had to fully stretch out and float on my stomach. First I began with both hands on the step rail. Check. Then we were down to one hand. No problemo.

But then I was asked to give it a try without holding on to anything. Although

Trish was going to be right there in the pool with me, I had a hard time comprehending the fact that I would be doing this. It would mean I'd have to completely let go of the fear that was deep inside.

I didn't stay under long on the first attempt, but after a few tries, I was doing it with both arms and legs outstretched for several seconds. I was told I was a natural floater and given a round of applause. Who would've thought?

By the end of our one-hour session, I had developed enough confidence to push off the side of the pool and propel myself forward towards the other end. Even a week later a smile comes across my face when I think about what I was able to accomplish in such a short amount of time.

*It took my dad a great deal of patience and screaming to get me where I am today.*

— Trish Gautreau

Trish was understanding, patient and had me wanting to do more. Although she learned the basics 22 years before I started (at the age of five), she admits it didn't come naturally.

“It took my dad a great deal of patience and screaming to get me where I am today,” she explained.

To date she's taught swimming lessons for 14 years.

Her message to those who can't swim is that it's never too late to learn.

“Everyone should learn to swim because water is fun and there is nothing to be scared of,” she said. “It's good to know how to swim even to help save the life of someone else and also to save your own.”

And because I'm in the midst of training for an intense competition known as Tough Mudder, these lessons will also help prepare me for the madness that awaits.

I'll be making a few more trips out to Trish's place, so look for an update in a future edition of The Highlander.

### Going on Vacation?

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# Highlander sports



Photos by Warren Riley

Archie Stouffer Elementary School Grade 8 students took on the OPP Haliburton detachment team on March 28.

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Last week's winner Diane Jones split the \$500.00 jackpot, she took home \$250. Diane bought her BINGO sheet at the Minden Valu-Mart.



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**The voice of the Haliburton Highlands**

## OPP handcuffed by Archie Stouffer hockey team

By Warren Riley  
Sports writer

It was going to be a hockey game between David and Goliath.

On one side were the Grade 8 Archie Stouffer Elementary School (ASES) students in their dark blue Storm uniforms. Their challengers were bigger, stronger and more powerful and wore white and blue hockey gear with a large emblem saying 'Ontario Provincial Police Haliburton Highlands.'

Before the first puck had been dropped, the OPP officers taunted the ASES players. Playing around with holds and light smacks on helmets was going to be the rule for the day. The Storm reciprocated as it was all in good fun.

In the first period, goals went back and forth. The students would score, quickly followed by the OPP.

Archie Stouffer forward #4 received a penalty shot when he was purposely held to the ice by an OPP player, but he couldn't find the net. Not to be outdone, a student checked one of the officers to the ice, awarding him a penalty shot. He scored, ending the first period at a 2-2 tie.

The bleachers were full to capacity with

parents and children of all ages. Their cheers of encouragement were deafening. When Archie Stouffer scored, the roof was raised with screams, yells and feet pounding the rink boards. The opposite happened when the OPP team scored. Nobody knew a goal had been scored until the scoreboard number increased by one. Even then, there was silence.

It was laughable to see the referee allow infractions go unanswered. Off-sides, hard checking by the Archie Stouffer team and players standing inside the net were all ignored. It was fun to watch for all who attended. It did seem to an observer that the OPP team received two penalty shot infractions for very minor occurrences. One-sided game you say? Well, a little bit.

The final period became more aggressive when the OPP team realized they were going to lose.

"You know, these kids are pretty good," one officer was overheard mentioning to the referee. "So far we've been handcuffed. They really mean business."

In the end, the score was a 5-5 tie. Both teams lined up where congratulations were given with lots of handshakes. The game clearly showed the OPP's camaraderie with today's youth.

*We've been handcuffed. They really mean business.*  
**Officer**

# Highlander sports

## HHSS students hit the birdie as badminton returns

By Warren Riley  
Sports writer

The Haliburton Highlands Secondary School (HHSS) gym was packed with students anticipating their Red Hawks teams to win the junior and senior pre-qualifying badminton games for the Kawarthas.

In addition, several busloads of students from Lindsay, Fenelon Falls, Peterborough and Campbellford descended with identical aspirations.

For Shae-Lynn Perreault of Fenelon Falls Secondary School (FFSS) the fact that sports had begun was inspirational.

"I loved it," she said. "I was really bored without it. One of the things the kids at my school look forward to when coming to school is playing sports and that was taken away from us for quite a while. It was really nice when sports came back."

Perreault was especially pleased that badminton had started up and returned to the school system.

"There was a notice on our bulletin board that just said 'anyone interested in badminton come to a meeting at the gym'. We were kind of late getting into the badminton season but it was exciting that we could start up again."

With a new gym in the offering, HHSS senior badminton coach Jason Morissette extended a welcoming hand to host the Central Ontario Secondary School Athletics championships (COSSA). His presentation was accepted and the games will be held April 28.



The Red Hawks Girls Badminton team practices during a pre-game warm-up.

Photo by Warren Riley

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# Highlander sports



Photo by Mark Arike

Cathy Snell.

## Minden bowler enters provincial championships

By Mark Arike  
Staff writer

Cathy Snell threw her first bowling ball when she was just 10 years old.

Thirty-nine years later she's still at it.

And between March 27 and 30, this Minden resident gave it her all in the Ontario Open Five-Pin provincial championships in Hamilton.

"I just always hope that I contribute to the team because every point counts," said Snell, prior to the tournament. "As an individual, my goal is to bowl my average or better. If I do that, then I'm usually satisfied."

Snell advanced to the provincial championships after completing a 20-game qualifying tournament held in Lindsay and Peterborough. She will be bowling as an individual and on a team with the Kawartha Lakes zone. Players from 13 different zones across southern Ontario will be competing in the event.

"The top three finishers in the qualifying tournament bowl as individuals and then they

bowl with a team as well," explained Snell.

This is Snell's sixteenth year in the tournament. Two years ago she was recognized with a 15-year plaque for qualifying for the event.

As a child, Snell got her start in the Youth Bowling Council (YBC).

"It's for kids that want to bowl," she said. "There are coaches and you just learn to bowl, learn the basics. You start at bantam, there's peewee and then there's juniors and seniors. Once you graduate that you're into the Ontario five-pin."

Over the past 20 years, Snell says her game has improved significantly.

"I've learned a lot from going in tournaments and having coaches. Even at my age you can take help and learn things."

Her current average bowling score is 215, which is lower than her usual qualifying average of 230 to 250.

"I can bowl a 300 and in the next game I can bowl a 150. We all throw those bad balls no matter how good you are," she laughed.

Snell gets her practice in every Monday

night in the mixed league at The Fast Lane.

"I started bowling in Minden right shortly after it opened, and I can't even remember how long ago that was."

Although the only time she missed out on the sport was when her children were born, Snell considers herself a recreational bowler.

"I'm a recreational bowler. I used to bowl two nights per week, now I only bowl one."

Bowlers who place first as an individual or on a team at the provincial championships advance to the Canadian Championships in St. John's Newfoundland in May. So far Snell hasn't made it that far; her top finishes were in 2007 when she came in fourth as an individual and seventh with a team in 2009.

Her advice to new bowlers is to simply give the sport a try.

"It's like anything else: the more you do it, the better you should become at it."

Surprisingly, this career bowler has never tried her hand at a game of 10-pin.

"I look at the size of the ball and think, I couldn't throw that thing," she chuckled.

## Athletes wanted: open house to recruit for Senior Games

By Warren Riley  
Sports writer

It was 30 years ago that Halimar Lodge owner Bruce Henry came up with a brilliant idea.

That concept was to implement a series of games for senior citizens over the age of 55 in Haliburton County. His thoughts were to provide venues where energetic 'golden age' individuals could challenge themselves or compete against one another to stay healthy and active. Henry's concept flourished and has since spread to other counties. In Haliburton, these events are known as the District 11 Haliburton County Senior Games and are associated with the Ontario Senior Games Association (OSGA 55+ Games).

Mary Johnson is a co-coordinator for the games and has dedicated many hours in making the games successful. Some of the events include five-pin bowling, cycling, lawn bowling, golf, horseshoes and Nordic walking to name but a few.

"The whole idea of the games is not to be the best of the best, but competing against yourself," Johnson commented. "For example, let's take Nordic walking. An individual will set his or her own 'prediction' time and if they meet that exact time to the minute and second, they can win the event. The idea is not to be the fastest but [to have] the most accurate predetermined time."

Organizers are hosting an open house to show seniors what kinds of sports are available and to get them out competing.

The prime objective is to promote the OSGA 55+ Games through direct dialogue with the executive, past competitors and convenors with the use of visual aids, demonstrations and material handouts.

"The whole idea of our open house is to offer these events and allow people to be more active. We have a lady that is 90 years of age and is still very active in several events."

"One thing we are going to have at the open house is a carpet bowling demonstration," Johnson said. "It's a form of bowling but is smaller than regular bowling and played on a carpet instead of grass."

Johnson explained a recent addition to the Haliburton senior games.

"A new event to our district is 'Washer

Toss'," she said. "What you have to do is toss a washer [similar to a shuffle board puck only smaller and lighter]. You have a box and in the centre of the box is a [cylindrical] container."

The game field consists of two boxes, 14 inches square, each containing one raised durable PVC cup four inches in diameter and height, positioned about 20 feet apart. Players throw washers to score points. A washer inside the cup will score three points, the washer not inside the cup but closest to the cup scores two points, and the washer closest to the box will score one point.

The OSGA Haliburton County 55+ District 11 Summer Games Open House will be held at the Haliburton Curling Club April 10 from 4-7 p.m.



### WINTERGREEN MAPLE SYRUP & PANCAKE BARN IN GELERT

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# Highlander food

## Marmaladies cook up award-winning treat

By Lisa Harrison

Contributing writer

It's a sunny day in March and the Marmaladies are at it again.

The Stanhope Heritage Museum members banter cheerfully as they watch over this season's second batch of citron marmalade, brewing in two large pots in the Stanhope Firefighters' Community Hall kitchen.

"You wouldn't want to eat it on its own, and not raw," says Barb Cameron about the citron. With 10 years' seniority, Cameron is considered the Queen Mother of the group on duty today.

"It's bland," agrees Mary Forbes, the incoming queen with seven years under her belt as a Marmalady.

Joan Cochlin, Kate Bullivant and Laura Mount round out today's crew. Regulars Jane Taylor and Dale Jewett are not present as there were enough cooks in the kitchen for this batch. Many others have participated over the years since the brewing was initiated.

Cameron says the "Marmaladies" name turned up as a joke in the group's e-mails over the past few years and has stuck. Theirs is a tale of dedication, both to the museum and the craft.

The women have lived or cottaged in the area for years and are museum members, and in some cases directors. More than one may have been coaxed into joining the group –



Photo by Lisa Harrison

The Marmaladies gather to prepare their tasty spread.

Mary's husband Bill and Norma Goodger, who organizes the museum's Heritage Day, are known for "encouraging" volunteerism – but once there, they were hooked.

"It's just a fun day," says Cameron.

The citron is from the watermelon family and looks like a round version of that fruit. Historically, preserved citron was used in

cakes and desserts.

The museum acquired many seeds from the Mason farm at Boshkung in 2001, among them citron seeds dated 1987. Crops from those seeds prospered, prompting the current marmalade tradition.

To make citron marmalade, the women combine citron, oranges, lemons, ginger

and water with plenty of sugar, the largest volume ingredient in the recipe. The heavy duty chopping work is done one day and the cooking and bottling are done the second day.

Citron marmalade is very popular and sells out, even last year's record four batches (this year they'll make three). The marmalade is sold at the museum throughout the museum season, particularly on Heritage Day, which is July 20 this year.

It's also an award-winner: a few years ago, a cottager who loved the treat submitted it in the annual marmalade competition hosted by Fort York National Historic Site in partnership with the Culinary Historians of Canada.

It won first prize.

Last year Mount kept two jars aside for entry in this year's competition. As it turned out she was unable to attend but is determined to enter the marmalade next year. Mount also would like to see Stanhope branded as the "home of the citron" – Algonquin Highlands council approved pursuit of this in principle in July 2012 – and introduce Stan Citron, a character who can engage children at the museum.

The Marmaladies save the citron seeds from each year's marmalade. More growers are welcome, although taking on the job comes with a catch – citrons are notorious for cross-pollinating with other vine fruit, and a citron-watermelon mix, for example, won't make it into the recipe.

## Better food improves student performance

By Carolyn Allder

Contributing writer

Picture yourself waking up one day.

You rush to get ready for work. You quickly shower, get dressed and run out the door. You don't have time or maybe even food at home for breakfast. You arrive at work and find it hard to focus. Your stomach is rumbling and you're tired and cranky from lack of food.

Now let's imagine this is a child we are talking about. Only it's not pretend for many kids in Haliburton County who normally would start off their day hungry because they didn't have time or the food to eat breakfast before catching the bus for school.

Luckily, these kids don't have to start the day off with empty stomachs thanks to the Food for Kids program that runs in all seven public schools in Haliburton County, including the Haliburton Adult Education and Training Centre and Haliburton Highlands Secondary School. This program provides

around 4,000 breakfasts or snacks a week.

"Studies have shown that children are more focused, learn better and are less likely to act out if they are well-nourished," says coordinator Aaron Walker. "Rushed mornings, long bus rides which they are not allowed to eat on, and possibly lack of food at home all leads to kids not eating breakfast. Some kids don't wake up hungry but by the time they have a long bus ride to school they are and that's when they don't perform well academically."

The program runs as either a drop in for breakfast, or food is delivered to the classrooms as snacks a few times a week.

"Any food that is left over is available for those children who might have forgotten their lunch or didn't get one," Walker says. "So, if this program didn't run, it amounts to a large number of kids going hungry."

It costs around \$70,000 per academic year to run Food for Kids with part of the funds being provided by the Ministry of Children

and Youth Services, the Trillium Lakelands District School Board (TLDSB) as well as through grants from the Breakfast for Learning program and the Breakfast Clubs of Canada. Individual fundraisers are also held where all money raised goes directly to food dollars.

While funding is important for the program to run, volunteers are also needed in order for all schools to have the programs run five days a week.

"For anyone interested in volunteering they don't have to commit to five days a week," Walker says. "Many do only one day a week and it's a huge help. It seems to me as the cost of food goes higher and higher that more parents are struggling to stretch their food dollars and

there really is no end in sight so it's more and more important to have a program like this."

If you are interested in helping Food for Kids, contact Aaron Walker at 705-455-2358 or you can send a donation Food for Kids c/o Point in Time, 69 Eastern Avenue, PO Box 1306, Haliburton Ontario K0M 1S0.

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### DOORS OPEN INVITATION

Members of the public, businesses and organizations are invited to participate in the upcoming Doors Open event scheduled for September 7 and 8, 2013.

Doors Open invites us to explore our communities, share spaces and stories, and step into our shared past.

The theme of Cultural Expressions will provide an opportunity for communities across the province to celebrate the relationship between heritage and the arts. Venues for the arts – such as theatres, opera houses, art galleries, artist studios, recital halls and recording studios – are ideal sites for celebrating this year's theme. Also appropriate are sites associated with renowned artists or specific works of art. Such sites would include the homes of famous novelists, landmarks captured in famous paintings, or settings depicted in popular songs or films.

We encourage you to get creative this year, too. Let your inner artist come out, and let our Doors Open events and sites inspire you.

Please submit a photo and small description of your location to Shannon Prentice at [sprentice@mindenhills.ca](mailto:sprentice@mindenhills.ca) no later than Friday April 12, 2013



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# Highlander events

## Show off your ugly windows

By Matthew Desrosiers  
Editor

Every homeowner has that one window they wish they could toss and replace; you know the one with the paint chips falling off or the big crack through it.

Lucky for them, there's a guy who wants to help with that.

"We want the ugliest window," said Jim O'Connor, owner of Highland Glass in Haliburton.

O'Connor and his team have launched an ugly window contest in celebration of the company's 30<sup>th</sup> anniversary. They have put the call out to Haliburton County residents and cottages with ugly windows to submit their pictures for a chance to win a new window and installation.

To enter, take a picture of your window and submit it either in person, through Facebook or e-mail. The contest runs until June 3, so you'll be able to submit the photo at the Haliburton Home Show as well.

The window can be no larger than 12 square-feet.


For more information on contest details, visit [www.457-glas.com](http://www.457-glas.com) or e-mail your submission to Stevi Young at [info@457-glas.com](mailto:info@457-glas.com).



Photo by Matthew Desrosiers

Stevi Young of Highland Glass shows off a new window you could win in the company's ugly window contest.

Got an event we should  
put in the paper?  
Call Matthew  
at 705-457-2900



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**Open houses in**  
Minden, Lions Hall - April 29, 6 - 8 pm  
Wilberforce, Lloyd Watson Centre - May 1, 2 - 4 pm  
Kinmount, Galway Community Hall - May 2, 10 am to noon  
Haliburton, Fellowship Room of the Haliburton United  
Church - May 2, 10 am to noon

**For more information please call Julia 705-286-1444,  
or Wilma 705-457-1909**

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## TheComputer Guy RAM versus HDD

I was recently asked to explain the difference between random access memory (RAM) and hard disk space. I can tell you I failed miserably. I know what the difference is, in my mind, but I couldn't spit it out verbally. So I sat down and thought about the question some more and this what I came up with.

For one, memory and disk space are two of the most widely-confused terms in the computing world. I can't tell you how many times I hear things like, "I just put 500GB of memory in my computer." What the person meant was they just put a 500GB hard drive in their computer as there are no consumer grade computers that take 500GB of memory. At least not yet.

The hard disk, sometimes called the "hard drive", is a spindle of magnetic discs that can hold several gigabytes of data each. Therefore, disk space refers to how much space you have available on your hard disk for storing files. When you save a document or install a new program, it gets stored on your hard disk. The more files you download, install, or save on your hard disk, the fuller it becomes. As hard disks are used to save and "remember" stuff, this certainly sounds like memory. But that's simply not how memory is used when it comes to computers.

Memory, on the other hand, is not the same as disk space! Memory refers to the random access memory (RAM) inside your computer. RAM consists

of small chips also known as memory modules. Your computer uses memory (RAM) to store actively running programs on the computer, including the operating system. For example, the operating system's interface and other processes get loaded into memory when the computer boots up. When you open a program like Microsoft Word, it gets loaded into the computer's memory as well. When you quit the program, the memory is freed up for use by other programs.

RAM can be accessed hundreds of times faster than a hard drive, which is why active programs are loaded into RAM. Since only a small amount of data from the hard disk needs to be loaded into the system memory at one time, computers typically have much more hard disk space than memory. For example, a 2013 computer may come with a 2 TB hard drive, and only 16 GB of RAM.

Just so you know  
1024MB = 1GB, 1024GB = 1TB.

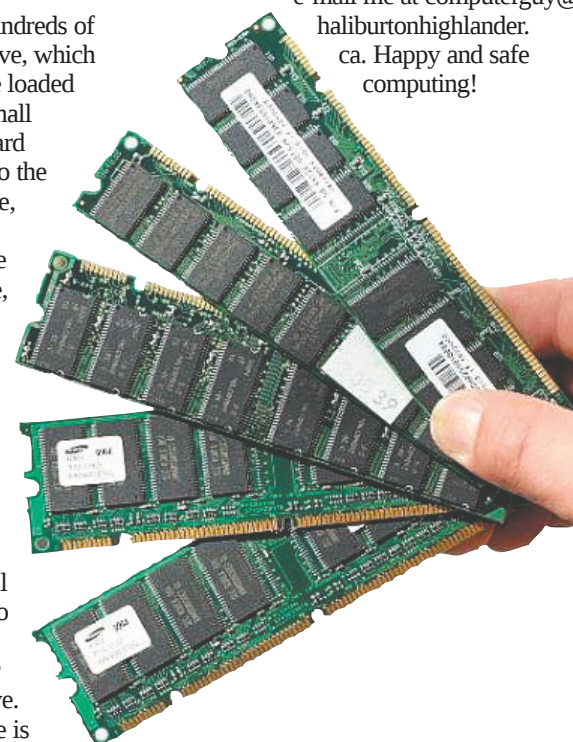
If your computer informs you that you don't have enough disk space to install a program, you will need to delete files from your hard disk that you don't need or buy an additional hard drive. If your computer says there is

not enough memory to run a certain program, you will need to upgrade your memory by buying more RAM. Knowing the difference between these two computer components can save you both time and money.

For questions or comments  
e-mail me at [computerguy@haliburtonhighlander.ca](mailto:computerguy@haliburtonhighlander.ca). Happy and safe computing!



By David Spaxman



# Highlander events



Photos by Matthew Desrosiers

## Highlands East maple festival a success

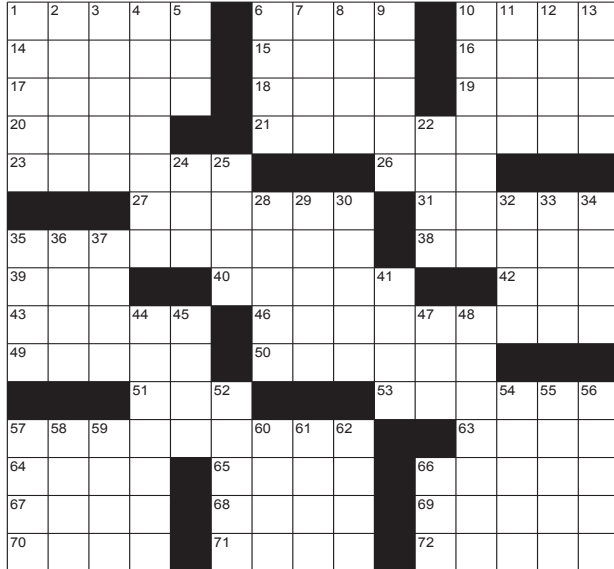
Hundreds came out to the community centre in Wilberforce for the Highlands East maple festival. The fire department flipped pancakes and kids enjoyed a crafts area during the community event. There was also a flea market with maple syrup and other products available for sale.

Top: Avery Degeer (left), 6, Lyla Degeer, 1, and Madalyn Byrne colour during the festival. Middle right: Bridgette Byrne, 7, working on her colouring. Middle left: Highlands East reeve Dave Burton serves sausages.



# Highlander events

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## ACROSS

1. Nobleman
6. Sombreros
10. Mimic
14. Texas landmark
15. Singer \_\_\_\_ Clapton
16. "Finding \_\_\_\_"
17. Golfer \_\_\_\_ Woods
18. Ogle
19. Waterless
20. Shoe part
21. Skydiver's need
23. Make beloved
26. Bombshell \_\_\_\_ West
27. Desire for water
31. Certain protest (hyph.)
35. Actress \_\_\_\_ Taylor
38. Love, Italian-style
39. Atmosphere
40. Entrap
42. At once
43. Intelligent
46. Handling
49. Pavarotti, e.g.
50. Sound system
51. It follows Oct.
53. Perceived
57. Intolerant of delay
63. Not wild
64. Make waterproof
65. Cabbage salad
66. Waltz, e.g.
67. "\_\_\_\_ of the Rings"
68. Moreover
69. Concluded
70. Lambs' moms
71. Oceans
72. Alleviates

## DOWN

1. Wash
2. UFO pilot
3. Was furious
4. Brunch dishes
5. Neither's partner
6. SOS!
7. District
8. Level
9. Vamoose!
10. Disneyland site
11. Lima's country
12. Emanate
13. Took a bus
22. Mexican house
24. Exclamation of discovery
25. Teases
28. Sublets
29. Commence
30. Trio number
32. Hue
33. Steel ingredient
34. Salamander
35. Bridge position
36. Citrus fruit
37. OPEC member
41. Corn units
44. Reagan and McDonald
45. Jog
47. Links gadget
48. Wyoming's neighbor
52. Passport endorsements
54. Smooths wood
55. Host
56. Property documents
57. \_\_\_\_ of Man
58. Cat sound
59. Whittle down
60. She, in Lyon
61. Space org.
62. Deuces
66. Poor grade

## APRIL 2013 EVENTS CALENDAR

| THURSDAY   | FRIDAY  | SATURDAY  | SUNDAY  |
|--|---|---|---|
| <p><b>4</b></p>  | <p><b>Cribbage - (every Friday) -</b><br/>Community Care @ 1 p.m.,<br/>705-457-2941.</p> <p><b>5</b></p>  | <p><b>Learn, Eat, Grow - Workshop #4: Seed Symposium</b> – Lloyd Watson Centre, 10 a.m. - 2 p.m. Register by contacting Daniela at 705-457-1742 ext. 31 or e-mail daniela_pagliaro@sirch.on.ca.</p> <p><b>6</b></p>   | <p><b>7</b></p>   |
| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  |
| <p><b>Contract Bridge - (every Monday) -</b> Community Care @ 1 p.m., 705-457-2941</p> <p><b>8</b></p> | <p><b>Volunteer Income Tax Program</b> – Haliburton Legion, 9:30 a.m. – 2 p.m., continuing every Tuesday until April 23.</p> <p><b>9</b></p>  | <p><b>55+ Senior Games Open House</b> – Haliburton Curling Club, 4-7 p.m.</p> <p><b>Metis Fiddler Quartet</b> – Northern Lights Pavilion, 7 p.m.</p> <p><b>Community Drum Circle - (every Wednesday) -</b> Rails End Gallery @ 6:30 p.m., 705-457-2330</p> <p><b>10</b></p> | <p><b>The Highlander hits the streets. Pick up your copy at over 80 locations!</b></p> <p><b>11</b></p> |
| FRIDAY   | SATURDAY  | SUNDAY  | MONDAY  |
| <p><b>12</b></p>   | <p><b>MapleFest pancake/sausage brunch and bake sale</b> - "all you can eat" at Lochlin United Church. Adults \$6, children \$3.</p> <p><b>Documentary Film Festival</b> – Northern Lights Pavilion, beginning at 4 p.m.</p> <p><b>13</b></p> | <p><b>Country Music Jamboree</b> – S.G. Nesbitt Arena, 1-5 p.m.</p> <p><b>14</b></p>  | <p><b>Contract Bridge - (every Monday) -</b> Community Care @ 1 p.m., 705-457-2941</p> <p><b>15</b></p> |

### WHAT'S GOING ON AT YOUR LOCAL LEGION?

|  |  |  |
|--|--|--|
| <b>Haliburton Branch (705-457-2571)</b><br>Bid Euchre, every Wednesday, 1 p.m.<br>Bingo, every Wednesday, 7 p.m.   | <b>Ladies Darts</b> , every Thursday, 1 p.m.<br><b>Euchre</b> , every Thursday, 7:30 p.m.<br><b>Radio Club</b> , every Friday, 10 a.m.<br><b>Fish &amp; Chips</b> , every Friday from 5-7 p.m.<br><b>Darts</b> , every Friday, 7:30 p.m.<br><b>Open</b> every Saturday & Sunday from 12-5 p.m. | <b>Ham and scalloped dinner</b> , Friday, 5-7 p.m.<br><b>Jam session</b> , every Friday, 7 p.m.<br><b>Meat draw</b> , every Saturday, 2 p.m.<br><b>Karaoke</b> , Saturday, 9 p.m.<br><b>Pancake and sausage breakfast</b> , Sunday, 8-11 a.m.<br><b>Bid euchre</b> , Monday, 7 p.m.<br><b>Fun darts</b> , Wednesday, 7:30 p.m. |
| <b>Minden Branch (705-286-4541)</b><br>Lunch menu, every Monday to Friday from noon – 2 p.m.<br>Cribbage, every Saturday, 1-3 p.m.<br>Bid Euchre, every Tuesday, 1 p.m.<br>Meat Draw, every Wednesday, lunchtime | <b>Wilberforce Branch (705-448-2221)</b><br>Pool, every Friday, 1:30 p.m.  |  |

Send your  
community event to  
[ashley@haliburtonhighlander.ca](mailto:ashley@haliburtonhighlander.ca)

## Last week's puzzle solutions

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 1 | 9 | 6 | 3 | 4 | 5 | 2 | 7 |
| 7 | 4 | 6 | 2 | 9 | 5 | 8 | 1 | 3 |
| 3 | 5 | 2 | 8 | 7 | 1 | 6 | 4 | 9 |
| 9 | 2 | 7 | 5 | 1 | 6 | 4 | 3 | 8 |
| 4 | 3 | 5 | 9 | 8 | 7 | 1 | 6 | 2 |
| 1 | 6 | 8 | 4 | 2 | 3 | 9 | 7 | 5 |
| 6 | 9 | 4 | 3 | 5 | 2 | 7 | 8 | 1 |
| 2 | 8 | 1 | 7 | 6 | 9 | 3 | 5 | 4 |
| 5 | 7 | 3 | 1 | 4 | 8 | 2 | 9 | 6 |

|           |           |         |
|-----------|-----------|---------|
| RELAY     | SARI      | METS    |
| EXILE     | ALAS      | ACRE    |
| VISAS     | TOIL      | CROW    |
| STAB      | LINDA     | RUTS    |
| ACING     | NRA       |         |
| AROMAS    | DEMEAN    |         |
| DEPARTURE | HELLO     |         |
| APT       | ESSENCE   | FIT     |
| GEESE     | OPERATIVE |         |
| ELDERS    | ATONED    |         |
| EST       | DENSE     |         |
| OWED      | ASIDE     | NASA    |
| DALI      | PONG      | LACED   |
| OGLE      | LUGE      | AIMED   |
| REAR      | EROS      | BLESSES |

## Fun Fact:

Armadillos are the only animal besides humans that can get leprosy.

|   |   |   |   |  |   |   |   |   |
|---|---|---|---|--|---|---|---|---|
|   | 4 |   | 3 |  | 1 |   |   |   |
| 3 | 7 | 1 | 8 |  |   |   |   |   |
|   | 6 |   |   |  | 4 | 7 |   | 1 |
| 4 |   |   | 2 |  |   |   | 1 |   |
|   |   |   | 6 |  | 7 |   |   |   |
|   | 8 |   |   |  | 9 |   |   | 6 |
| 5 |   | 9 | 4 |  |   |   | 7 |   |
|   |   |   |   |  | 8 | 1 | 4 | 5 |
|   |   |   | 7 |  | 3 |   | 2 |   |

# Highlander classifieds

## SERVICES

**ODD JOB JACK HANDYMAN SERVICES**  
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**DOG GROOMING**  
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## SERVICES

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705-754-1477 (TFN)

**REGISTER NOW!** New spring fitness programs & athletic training camps begin April. Call Lorie Kah, certified trainer & lifestyle coach @ Physical Journeys. 705-457-3224, www.physicaljourneysfitness.webs.com (AP4)

### FROZEN PIPES?

Water lines, septic lines, culverts need thawing?  
Call 705-286-1995.

**HIGHLAND SERVICES HOME MAINTENANCE & REPAIR** – Painting, interior & exterior spraying, staining, dry wall, plumbing, cottage maintenance, etc. Haliburton, Minden & surrounding areas. Licensed tradesman. Call Neil at 705-854-1505. (TFN)

**DANGER TREE SERVICE** – lots cleared, logging & firewood. Mini x and skid steer service. Call 705-854-0951. (TFN)

**JUST MOVEMENT FITNESS** spring programs from April 1 - June 14. Minden, Haliburton and Halls Lake. Bootcamp, zumba, strength, boxing, athletic, core, stretch and more. Daytime and evening, Monday-Saturday. Contact Meghan Reid at 705-455-7270 or megsclasses@live.ca www.justmovementfitness.com (AP11)

**DOUGLAS CANOES**  
Re-canvassing, repair, restorations & fibreglass work available for canoes and small boats. Custom made canoe bookcases. Restored canoes for sale. Phone: 705-738-5648 E-Mail: farrdj@nexicom.net www.douglascanoes.ca (SE26)

## FOR RENT

**TWO BEDROOM APARTMENT** - \$800 all inclusive available April 1<sup>st</sup>. Quiet and private. Apply

## FOR RENT

at H&R Block or call 705-457-1676. (TFN)

**CLEAN TWO BEDROOM** detached home – Camarvon, non-smokers, first & last. \$1,100/month, utilities included. Available April 1. Call 705-489-3131 (days) or 705-754-4534 (evenings). (TFN)

**AVAILABLE APRIL 1** - Cozy bachelor apartment for one person only. Can be furnished. High speed available. 5-minute drive to Minden. F&L required. \$600 includes utilities. 705-286-4462. (AP11)

### COMMERCIAL RENTAL OPPORTUNITY IN MINDEN

Prime commercial location offering Highway 35 visibility with easy access and frontage on two municipal streets. Town water and sewers. Excellent zoning allows for a retail store, professional office, bakery, jewellery store, or? Wonderful century old building exudes yesteryear charm. Large one acre property with plenty of parking. Long or short term or development potential. Call John Thomas at 705-286-1075 or evenings 705-489-2464.

## FOR SALE

**SAVE MONEY!** Free garbage removal. I'll take any of your free cast-offs or make a deal to buy furniture, boats, etc. One piece or entire contents, plus small building demolition and take away. 705-448-3920. (TFN)

## FOR SALE

**UNIVERSAL TRACTOR CHAINS** - 9.5 x 32, 11.2 x 28, 12.4 x 24, 15 x 19.5, 10 x 28, \$420 per pair. 1-800-954-9998. (AP25)

**1995 BOBCAT SKIDSTEER** 853, original and grapple bucket, excellent shape. 3,942 hours, \$14,500 or best offer. Call or text 705-854-0951. (AP11)

**DAVENPORT** – 6 ft long, armless, storage underneath. Converts to bed, camel colour, very good condition, \$65. Call 705-286-6276. (AP4)

**LECLERC OPEN END WEAVING BENCH**, warping mill, metal heddles, wooden shuttles, plastic bobbins, excellent condition. \$165 for everything. 705-286-6276. (AP4)

## WANTED

**SCRAP BATTERIES** – top prices paid. Call 1-800-954-9998. (AP25)

**RENTAL ACCOMMODATION WANTED** - Quiet, mature person seeking accommodation in Haliburton County effective May 1. Non-smoker. No pets. Respectful of nature and the property of others. Call 705-286-4294 or 416-994-0532. (AP4)

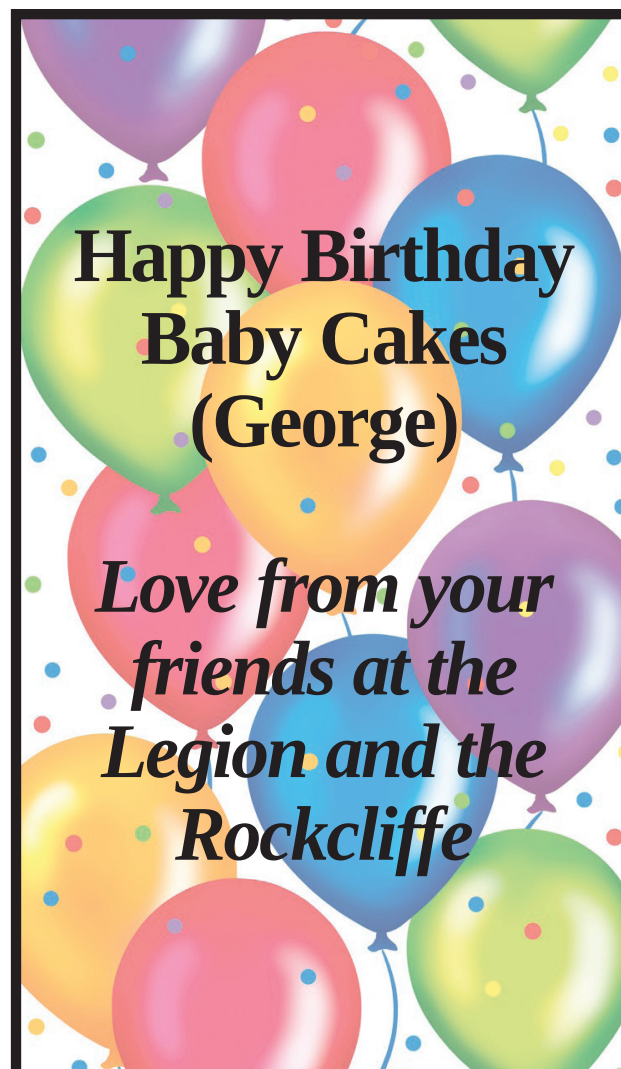
## HELP WANTED

Small engine mechanic required for lawn and garden equipment and ATV repairs. Send resume to P.O. Box 296, Minden ON K0M 2K0. (AP4)

## CAREERS

**CAREER IN REAL ESTATE** - Unlimited income potential. Flexible hours. We will train you to make an above-average income in this exciting business. Call for details. Bowes & Cocks Limited, Brokerage. Kate Archer, Broker/Career Coach Direct Line: (705) 930-4040. (TFN)

## EVENTS



## HELP WANTED

**CHAULK WOODWORKING**  
Factory Direct Kitchen & Bath Cabinetry

### REQUIRED IMMEDIATELY EXPERIENCED

Cabinet Makers, Cabinet Installers, Granite Countertop Fabricators, Spray Finisher for cabinets

Email resume in confidence  
t\_chaulk@hotmail.com

**Abbey GARDENS**

### SUSTAINABLE BUILDER INTERN

\$16/hour, 35 hours/week, 45 weeks

Abbey Gardens is seeking a sustainable builder intern. The ideal candidate will have graduated from a post-secondary program in sustainability studies (preferably in the construction or renovation field), carpentry, agriculture, horticulture, or landscaping. The Sustainable Builder position is well-suited for an organized technician who enjoys building small sustainable structures using both traditional and non-traditional techniques. Candidates must be over the age of 30. **Start Date: April 15**

To request a full job description please email cara@abbeygardens.ca  
To apply, email cover letter and resume to cara@abbeygardens.ca no later than Friday April 5. Only successful applicants will be contacted.

# Highlander classifieds

## HELP WANTED



### Designated Early Childhood Educators

Under the Principal's direction, you will partner with the classroom teacher to plan and implement a full-day early learning program, and provide supervision and age-appropriate programming for groups of students as part of the extended day program. You will also collaborate in designing programs and environments to enhance children's cognitive, physical, social and emotional development.

For a full description of the **4 schools in the City of Kawartha Lakes Area, 1 school in the Haliburton Area, and 3 schools in the Muskoka Area**, including the qualifications required and application process, please visit our website at [www.tlidsb.ca](http://www.tlidsb.ca). Deadline: **Friday, April 19, 2013.**

Larry Hope  
Director of Education

Karen Round  
Trustee Chair



## EVENTS

Those Other Movies presents **A Double Docker** Saturday April 13th 2013

Two great documentaries  
*Chasing Ice*, an environmental masterpiece  
and *Searching for Sugar Man*  
Winner 2013 Oscar, Best Documentary

4:00 *Chasing Ice*  
7:30 *Searching for Sugar Man*

\$8.00 per Movie  
\$14.00 Doc Pass

Northern Lights Performing Pavilion  
Haliburton, ON  
[www.haliburton-movies.com](http://www.haliburton-movies.com)

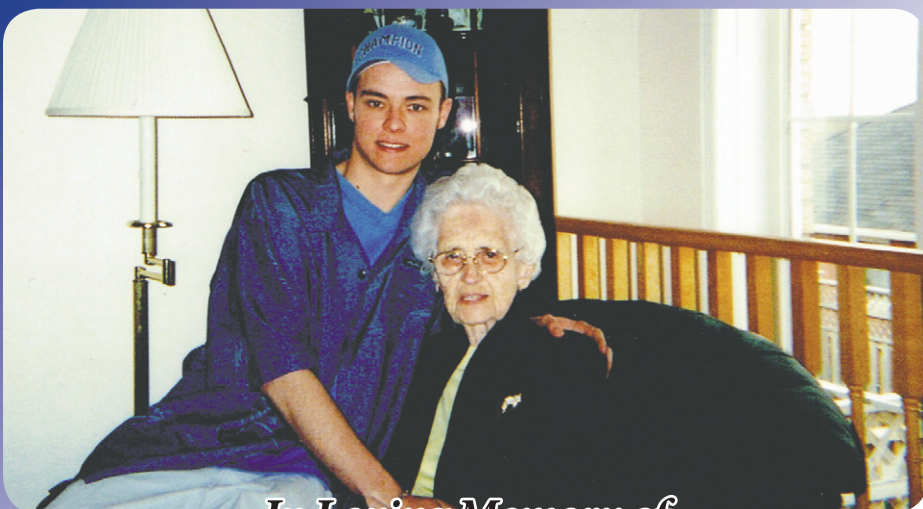
**TICKETS AND PASSES SOLD AT THE THEATRE DOOR FROM 3PM ON SATURDAY APRIL 13**

## IN MEMORY

In loving memory of **Ralph Allison**, who passed away April 4<sup>th</sup> 2010, loving husband of Shirley, dear father to Charlie, Clinton, Jessica, Tyna and Poppa to Jacob, Katie, Brenna & Jorja

Three years have passed since you've been gone But with your star in the sky your memories live on.

*We love you.*



### In Loving Memory of Denis Arbour & Violet Nelson

Why do we celebrate birthdays?  
We distinguish this day from the rest of the calendar, in a very special way, because this is the day of your birth, the day God lent this earth the beautiful gift of you.

Denis and Nana,  
This is your birth day and it will always be a day we remember, a day of great importance, for this is the day that you came into this world, the day that You became You.  
Sending Happy Birthday wishes to Heaven with all our love.

Mom, Dad and Daryl  
Peace

Every April 7th we celebrate the day two beautiful people were born... 72 years apart.

Every April 7th for 22 years you shared the Birthday Cake that had two names on it... Denis and Nana.

Every April 7th since 2005 I spend time thinking of you and remembering the incredible joy and love the two of you brought to my life... my dearest Mom and my wonderful Grandson.

Every April 7th I look to heaven and I thank God for the time I had with both of you... I carry you both in my heart.

Happy Birthday from your loving daughter Bev and your adoring Grandma Gilmour.

## THOSE OTHER MOVIES

presents

### A LATE QUARTET

Thursday, April 11/13 - 2 shows - 4:15 & 7:15  
All Tickets \$8.00 at the door

Members of a world-renowned string quartet struggle to stay together in the face of death, competing egos and insuppressible lust... oh my!  
Extra!!!!

Talented Haliburton cellist Bethany Houghton will give a live performance at each screening  
Coming next: May 9/13 LINCOLN  
June 13/13 REVOLUTION

The Northern Lights Pavilion in Haliburton Village  
More info: [www.haliburton-movies.com](http://www.haliburton-movies.com)



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APRIL 15 - WE ARE WHAT WE BELIEVE

APRIL 22 - LETTING GO OF FEAR

APRIL 29 - DEALING WITH ANGER

MAY 6 - COPING WITH CRITICISM CREATIVELY

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REGISTRATION RECOMMENDED

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FOR MORE INFORMATION OR TO REGISTER  
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OR CALL 705 754-5857

# Highlander services

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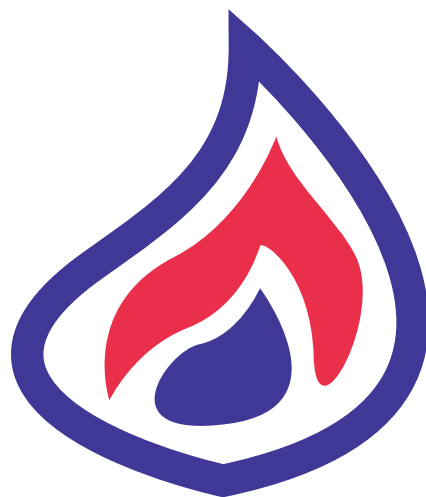
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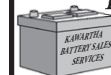
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